Talk About

- > What is one food that you <u>never</u> want to taste again? Why?
- How did you feel when you realised that someone who you initially thought was infallible and a hero, was actually imperfect and flawed?
- Go around the group and each share THREE words that describes or summarises your Christian life at the moment.

Read About

- > What does Jesus' death and resurrection destroy (v.14)?
- > What causes mankind to be held in slavery (v.15)?
- > Who does Jesus help, and not help (v.16)?
- > What position does Jesus fulfill "in service to God" (v.17)?
- > What did Jesus endure when He was tempted (v.18)? Why

- What do we learn about Jesus' incarnation from this passage? What characteristics did He take on as a human?
- Is there a difference between temptation and sin? If so, what is the difference?
- Why did Jesus become a man?
- How is it beneficial for us that Jesus was tempted like we are? What lessons can we learn from Him about how to respond to temptation?
- > You could end by reading / memorising Hebrews 2:17.

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